

U.G. 4th Semester Examination - 2021

SANSKRIT

[HONOURS]

Skill Enhancement Course (SEC)

Course Code : SANH-SEC-T-02

Full Marks : 20

Time : 1 Hour

*The figures in the right-hand margin indicate marks.**Candidates are required to give their answers in their own words as far as practicable.*1. Answer any **five** of the following questions:

1×5=5

- What is the definition of ओकसात्म्यम्?
- What are the effect's of Southern Solstice (दक्षिणायनम्) of Sun on the human body?
- Mention the name of the author of any **one** text:
नाडीनिदानम्, अष्टाङ्गहृदयम्, वैद्यकसर्वस्वम्।
- What is meant by हंसोदकः?
- When does a person become strong (उत्तमबलः)?

- Mention the names of the seasons at the period Southern Solstice (दक्षिणायनम्) of Sun.
- What is the name of the sixth Chapter of Carakasamhitā?
- Mention any one major difference between Fall Winter (हेमन्तः) and Late Winter (शिशिरः) Season according to Carakasamhitā.

2. Answer any **one** of the following questions:

5×1=5

- Describe the diet and regimen (आहारविहारौ) for Summer Season (ग्रीष्मर्तुः)

OR

Winter Season (शीतर्तुः).

- Describe the contribution of Suśruta in the field of Indian Medicine.
- Explain with the context:
आदाने दुर्बले देहे पक्ता भवति दुर्बलः।
स वर्षास्वनिलादीनां दूषणैर्बाध्यते पुनः॥

3. Answer any **one** of the following questions:

10×1=10

- a) Describe the origin of the history of Indian Medicine (आयुर्वेदः). Define the contents of eight chapters of चरकसंहिता। 5+5
- b) To which Veda does Āyurveda belong? Who is mentioned as the father of Indian Medicine? Describe the history of Indian Medicine in pre-caraka period. 1+1+8
- c) Describe broadly the suitable diet and regimen (आहारविहारौ) for Spring Season (वसन्तः) and Rainy Season (वर्षा). 5+5
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